

GOVERNMENT OF WEST BENGAL
Office of the Principal
**GOVERNMENT GENERAL DEGREE COLLEGE,
NARAYANGARH**

P.O. Bhadrakali :: Dist: Midnapur (West) :: West Bengal :: Pin: 721437, India, Phone: 03222-236512,13, :: Visit:
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**Reports of Different Capacity Development and Skill Enhancement
Activities for the Betterment of the Students of GGDC, Narayangarh:**

Life Skills:

International Yoga Day Celebration 2022

Date: 21.06.2022

Venue: College Gymnasium, GGDC, Narayangarh


Time: 9 a.m. Onwards

Conducted by: NSS Unit, GGDC, Narayangarh

Consultant Expert: Dr. Badal Kumar Jana, Department of Physical Education, GGDC, Narayangarh

Students Participated and Benefited: 78.

The day to unearth our ancient knowledge and to gain hand on training to lead a healthy and fresh life holistically through Yoga and Meditation was a much necessary exercise for all the participants when Covid-19 Pandemic has jeopardized our mental and physical health. Dr. Jana through his rich expertise in this subject guided all to use Yoga and Meditation in everyday life to not only achieve a better immune response but also to form a fresh and energetic mind. He helped the participants (mostly from NSS and Physical Education Dept.) with some yoga “asanas”—rectifying their postures and body balances. The day ends with a lecture of Dr. Jana where he stressed on the importance of Yoga and Meditation and a non-sedentary life-style to remain disease free and energetic.


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Reports on “Observance of National Nutrition Month 2022”
(Lecture Series)

Date: 09.09.2022, 10.09.2022, 12.09.2022

Venue: GGDC, Narayangarh (Via Google Meet)

Time: 12 Noon Onwards Everyday

Conducted by: Food & Nutrition Department and IQAC, GGDC, Narayangarh

Consultant Experts: Dr. Anindita Ray Chakravarty, Smt. Snehasree Saha (Asst. Prof, Dept. of Nutrition, UMM, C.U.), Shri Arnab Chatterjee (Asst. Prof, Dept. of Nutrition, Asansol Girls' College, KNU)

Moderator: Ms. Nilita Das, Asst. Prof, Food & Nutrition, GGDC, Narayangarh

Students Participated and Benefited: 100 (Approx)

The Three-Day online lecture series was a novel effort from GGDC, Narayangarh to delineate knowledge on a topic that is most essential to our survival: Food. Titled “Know Your Food”, these lectures touched on issues like what to eat (and what to avoid—“Learn with the Label”), how much to eat (a lecture was on “healthy diet”) and when to eat (“Hidden Hunger”). The participants learnt a great deal from these lectures and surely became wiser with their food choice and eating habit. The chat box was a proof to their acknowledgement of such ventures where they asked a host of questions to the experts which were promptly replied back. The Series came to an end with a vote of thanks from the TCS, Dr. Anirban Roy.


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Reports on “Awareness Programme on World AIDS Day Observation:
2022”

Date: 01.12.2022

Venue: College Seminar Hall, GGDC, Narayangarh

Time: 11.30 a.m. Onwards

Conducted by: Dept. of Micro-Biology & NSS Unit, GGDC, Narayangarh

Consultant Expert: Dr. Majharul Abbasi, Asst. Prof in Micro-Biology, GGDC, Narayangarh

Students Participated and Benefited: 67

A lecture cum interactive session where students of diverse streams came out of their shell and learnt important things related to AIDS—reason of its spread, symptoms, prejudice related to it and ways to tackle it. Dr. Abbasi, the speaker of the session, in lucid terms elaborated the way HIV virus entered our body and the measures that can be taken. A big hurdle towards effective fight against AIDS, it appeared from his lecture, is the social stigma and misgivings people generally have with the disease. With statistics he has shown in his PPT presentation that misinformation and the fear of social ostracization mainly in rural and less-informed section of the society led to late diagnosis which in turn made poor prognosis. The Officer-In-Charge Dr. Badal Kumar Jana and TCS Dr. Anirban Roy thanked the organizers for conducting such an awareness lecture and whole heartedly lauded Dr. Abbasi for his illuminating talk. With a vote of thanks from the NSS Programme Officer, the programme ended.


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Report on “International Yoga Day Celebration 2023”

Date: 21.06.2023

Venue: College Seminar Hall, GGDC, Narayangarh


Time: 9 a.m. Onwards

Conducted by: NSS Unit I & II, GGDC, Narayangarh

Consultant Experts: Dr. Badal Kumar Jana, Department of Physical Education, GGDC, Narayangarh and SRI Ashit Kumar Majhi, Retd Teacher and a noted Sports Person of this Belt.

Students Participated and Benefited: 81

The day to unearth our ancient knowledge and to gain hand on training to lead a healthy and fresh life holistically through Yoga and Meditation was a much necessary exercise for all the participants for a better mental and physical health. Dr. Jana through his rich expertise in this subject spoke at length and advocated to use Yoga and Meditation in everyday life to not only achieve a better immune response but also to form a fresh and energetic mind. The chief guest of the occasion noted Sports Teacher of the belt Mr. Ashit Kumar Majhi then guided the participants (mostly from NSS and Physical Education Dept.) with some yoga “asanas”—rectifying their postures and body balances. The second part of the programme was an Inter-School Yoga Competition where four participants each from a few adjoining schools participated. The two experts in the house then judiciously picked the best performers.


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Reports of Different Capacity Development and Skill Enhancement
Activities for the Betterment of the Students of GGDC, Narayangarh:

Life Skills: Reports on “Observance of National Nutrition Month 2023”
“Online Lecture and Poster-Presentation”


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Report On
"6th National nutrition month celebration,2023"




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Department of Nutrition




Event: Online Lecture by Distinguished International Speaker

Students Participated and Benefited: 100

Date: 09.09.2023

Platform: Online (Google Meet)

Organized by: Department of Food and Nutrition, GGDC, Narayangarh


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AGENDA

GOVERNMENT GENERAL DEGREE COLLEGE, NARAYANGARH

DEPARTMENT of NUTRITION

CELEBRATION OF NATIONAL NUTRITION MONTH

9th & 12th SEPT 2023

| TIME | DATE | EVENT | |
|-----------------------|-------------------|---|---|
| 3:30 – 3:45 pm | 09/09/2023 | Inauguration of Nutrition Month Celebration | Introductory Speech by Dr. Badal Kr Jana , OIC, GGDC Narayangarh |
| 4:00 pm | 09/09/2023 | Online Lecture on Functional Food & Human Health | Prof. Dr. Asim K DuttaRoy Faculty of Medicine, Oslo University, Norway Editor-in-chief, Food & Nutrition Research |
| 12 noon | 12/09/2023 | Poster Competition | By the students of CCFUP Nutrition Major SEM 1st |


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INTRODUCTION

POSHAN Abhiyaan is Government of India's flagship programme to improve nutritional outcomes for children under 6 years of age, pregnant women and lactating mothers. Launched by Hon'ble Prime Minister, POSHAN (Prime Minister's Overarching Scheme for Holistic Nutrition) Abhiyaan aims to address the challenge of malnutrition in a mission-mode. The ministry of women and child development is celebrating the sixth Rashtriya Poshan Maah throughout the month of September.

This year, the objective is to comprehensively tackle malnutrition through a life-cycle approach, the cornerstone of Mission Poshan 2.0.


Anchored in this approach, the focal point of Poshan Maah 2023 is to cultivate widespread awareness concerning critical human life stages — pregnancy, infancy, childhood and adolescence.

This year's theme is "Suposhit Bharat, Sakshar Bharat, Sashakt Bharat" (Nutrition-rich India, Educated India, Empowered India).

Outreach programmes, identification drives, camps, and home visits will be conducted at the village, block and district levels, engaging diverse segments of the community to spread awareness about holistic nutrition.

Encouraging nutrition-seeking behaviour at both the individual and community levels stands as a pivotal component in realising the goals of Poshan Abhiyaan. This objective continues to be pursued through Mission Saksham Anganwadi and Poshan 2.0.

To achieve this objective, Rashtriya Poshan Maah is celebrated in collaboration with all stakeholders from September 1 to 30.



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AIMS

- ✚ To increase awareness about good nutrition and health.
- ✚ To impart proper information and build awareness through seminars and also camps.
- ✚ To give every child and citizen of India on how children can benefit from proper nutritious diet right from birth.
- ✚ To address malnutrition in the country which is expected to worsen as a result of the pandemic and limited resources for nutrition.

OBJECTIVE

The objective of the Poshan Maah is to ensure community mobilisation and bolster people's participation for addressing malnutrition amongst young children, and women and to ensure health and nutrition for everyone.


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SUMMARY

Poshan Maah 2023, celebrated at Government General Degree College, Narayanganj, was organized by the Department of Nutrition on 9th September and 12th September, 2023. Celebration of Poshan Maah was initiated by Ms. Nilita Das, HoD, Dept. of Nutrition.

On 9th September, the celebration begins with an online lecture by Prof. Dr. Asim K DuttaRoy, Faculty of Medicine, Oslo University, Norway where he is associated since 2001 and as Group Leader for Chronic Diseases since 2010, in the presence of Dr. Badal Kr. Jana, Officer-in-Charge; Dr. Anirban Roy, HoD & TCS, Dept. of Geography; Dr. Sougata Mukhopadhyay, IQAC Co-ordinator and other faculty members of Govt. general Degree College, Narayanganj (GGDC, Narayanganj). Prof. DuttaRoy, who is also the Editor-in-chief of [Food & Nutrition Research](#). The said programme was inaugurated by the honorable OIC of GGDC, Narayanganj. It was a very proud moment for all the participants to hear from Prof. DuttaRoy and the session of “Functional Food & Human Health” was a very insightful session for all the participants. A total of 30 participants were present for this online lecture. Later, a nice vote of thanks was delivered by Dr. Anirban Roy. An online generated certificate was mailed to each participant through a google feedback form created in advance.

On 12th September, a poster competition was happened in the college premises by the students of Nutrition Major 1st SEM under CCFUP programme to create general awareness about Good Nutrition and Good Health. All the 12 participants brought posters made by themselves and presented a brief description of relevance to health & nutrition from their posters in front of the honorable OIC and all HoDs of different departments. Later all the professors and OIC Sir decided and announced the 1st, 2nd & 3rd from the poster presentation.


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PHOTOS

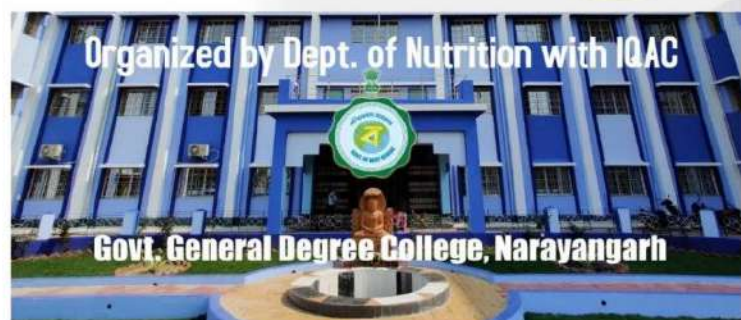
Observance of 6th National Nutrition Month 2023



Prof. Dr. Asim K Dutta Roy

**On
Functional
Food & Human
Health**

9th September
Saturday
4 PM IST
Google Meet



meet.google.com/epi-hdic-zgi?authuser=3

Asim Dutta Roy (Presenting)

Biowambhar Das1 can now join this meeting

4:53 PM | NNM'23: Functional Food & Human Health

32°C Partly sunny

Search

9:53 PM 09-09-2023

People

Mute all Add people

Search for people

IN MEETING

Contributors

- Nilita Das (You) Meeting host
- Abhishek Das
- abhishek roy
- Aishick Dasgupta
- Alif Hossain
- Anirban Roy
- ANKAN ACHARYA

23 others

Biowambhar Das1 (outside Govt. General Degree College, Narayangarh) ...

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meet.google.com/epi-hdc-zg?authuser=3

Asim Duttaroy (Presenting)

Poor placentation and preeclampsia

C. W. Redman et al., *Science* 308, 1592-1594 (2005)
Used with permission

A Normal placentation
Uterine spiral artery "unravels" and becomes a wider, flaccid tube to accommodate increased blood flow.

B Abnormal placentation
Uterine spiral artery remains tightly coiled, diminishing placental blood flow.

C
Poor placentation leads to Endothelial dysfunction and increased vascular resistance, resulting in Systemic hypertension and Clinical signs of preeclampsia.

5:07 PM | NNM'23: Functional Food & Human Health

31°C Partly sunny

Search

5:07 PM 09-09-2023

People

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IN MEETING

Contributors 30

- Niita Das (You) Meeting host
- Aishik Das
- abhishek roy
- Aishik Dasgupta
- Aif Hossain
- Anirban Roy
- AIKAN ACHARYA

You can't unmute someone else

Asim Duttaroy

Suchana Dey

Krishna Dolai

Srijib Goswami

Puja Bisai

Anirban Roy

22 others

Niita Das

meet.google.com/epi-hdc-zg?authuser=3

5:42 PM | NNM'23: Functional Food & Human Health

31°C Partly sunny

Search

5:42 PM 09-09-2023

People

Mute all Add people

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IN MEETING

Contributors 30

- Benazir Firdaus
- Chinmay Ghosh
- Kaushik Bose
- Krishna Dolai
- Pia Paul
- Puja Bisai

You can't unmute someone else

Snehasree Saha

Benazir Firdaus

Kaushik Bose

Anirban Roy

Suchana Dey

Chinmay Ghosh

Krishna Dolai


7 others

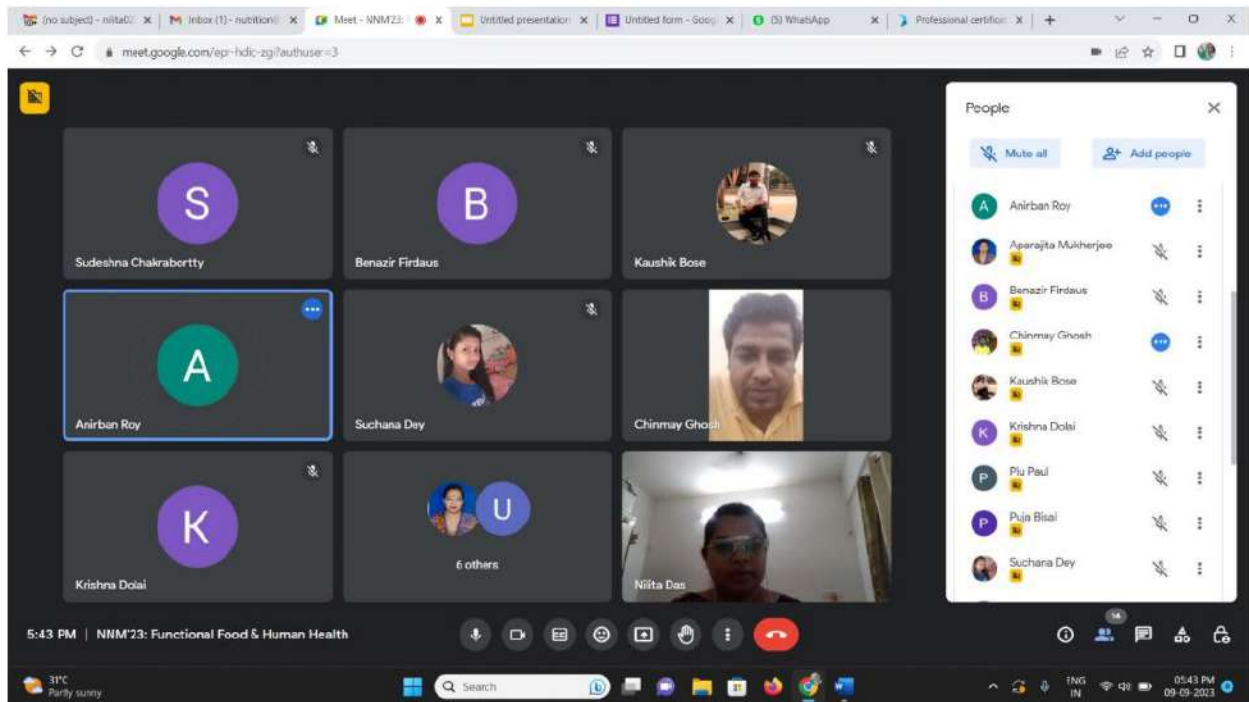
Niita Das

Snipping Tool

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Reports on “Awareness Programme on World AIDS Day
Observation: 2023”

Date: 01.12.2023


Venue: College Campus and College Seminar Hall, GGDC, Narayangarh

Time: 2 p.m. Onwards

Conducted by: NSS Unit I & II, GGDC, Narayangarh

Consultant Expert: Dr. Gourab Das, Medical Officer, Makrampur Primary Health Centre

World Aids Day is observed in GGDC, Narayangarh with a host of events with an aim to sensitize the pupils about this deadly disease and how we can tackle it scientifically. At first an awareness rally with relevant placards marched through the campus. A lecture cum interactive session followed where students of diverse streams came out of their shell and learnt important things related to AIDS—reason of its spread, symptoms, prejudice related to it and ways to tackle it. Dr. Gourab Das, the speaker of the session, in lucid terms elaborated the way HIV virus entered our body and the measures that can be taken. A big hurdle towards effective fight against AIDS, it appeared from his lecture, is the social stigma and misgivings people generally have with the disease. An open quiz followed where questions are asked from the relevant topic. The Officer-In-Charge Dr. Badal Kumar Jana and TCS Dr. Anirban Roy thanked the organizers for conducting such an awareness lecture and whole heartedly lauded Dr. Das for his illuminating talk. With a vote of thanks from the NSS Programme Officer, the programme ended.


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Report on Celebration of International Day of Yoga, 2024


Venue: College Football Ground

Date: 21.06.2024

Time: 11 a.m. Onwards

Consultant Expert: Dr. Badal Kumar Jana, Asst. Professor and Head Department of Physical Education, GGDC, Narayangarh

Like the previous years, this year too International Day for Yoga was celebrated in the college campus. NSS Units and the Department of Physical Education led the way and organized the whole thing in a short notice. Dr. Debnarayan Roy, Principal, Jhargram Raj College was the Chief Guest and Inaugurator of the programme. He set the tone of the day with his opening speech highlighting the role of Yoga in our all-round growth. Honourable Officer-In-Charge and the Head of the Department of Physical Education Dr. Badal Kumar Jana then presented his talk where he focused on this year's theme: "Yoge Rog Mukti" ("Yoga for a Disease Free Life"). Approx. 30 students participated in the event and many of them gave live demonstrations of some of the Yoga-asanas. With this the event came to a close.


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Reports of Different Capacity Development and Skill Enhancement
Activities for the Betterment of the Students of GGDC, Narayangarh:

Soft Skills:

Report on “Cyber-Crime Awareness Programme”:

Date: 27.06.2022

Venue: College Seminar Hall, GGDC, Narayangarh


Time: 11 a.m. Onwards

Conducted by: Narayangarh PS & NSS Unit, GGDC, Narayangarh

Consultant Experts: Officer-in Charge, Narayangarh P.S.

Students Participated : 82

An awareness program as part of sensitizing the new entrants of the virtual world about the world of cyber-crime was held in the college seminar jointly by the Narayangarh PS and NSS Unit of the College. The experts first defined what cyber-crime is, various legal steps that can be availed if one faces cyber threats, different IPCs to tackle cyber related crimes and ways to be alert not to be involved in these tangles. Students are asked basic questions related to use of various online tools and platforms and their gullible answers showed how vulnerable most of us are when it comes to cyber security. The experts gave some much needed guidance that can keep one safe while roaming in the e-world. The programme was of immense help for the students most of whom are new in the digital platform. With a piece of advice in the similar line from the Officer-In-Charge of the college, the program came to a close.


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Report on “Webinar on Personality Development”

Date: 05.01.2023

Venue: Virtual Platform (Google Meet)


Time: 07 p.m. Onwards

Conducted by: IQAC, GGDC, Narayangarh

Consultant Experts: Mr. Chinmay Ghosh, Asst. Prof in Education, GGDC, Narayangarh

Number of Participants: 100

A webinar on ‘personality development’ as part of Students’ Week Celebration was organized by the IQAC of the Institution to aid the students in their quest for professional success as well as self-development. Many of the students here come from financially poor-strata of the society. Add to that the remoteness of the area, most of them are quite shy and lack the necessary confidence to express themselves. Such programme then is a boost to their growth and much needed. Mr. Ghosh identified first what hampered the process of forming a well-rounded personality. He then went on to elaborate how those obstacles can be nullified. He provided the online listeners tips to come out of their cocoon to express themselves more freely. For this he advocated developing group activities, more engagement in sports and cultural affairs and forming hobbies. How it is crucial to make oneself smart, confident and expressive in this world of cut-throat competition is emphasized. The talk ended with a short Q-A session. TCS Dr. Anirban Roy thanked Mr. Ghosh for his selfless deliberation and with that the programme closed.


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Reports of Different Capacity Development and Skill Enhancement
Activities for the Betterment of the Students of GGDC, Narayangarh:

Communication Skills:

Report on “College Magazine and Departmental Wall Magazine”


Date: Published on 24.09.2022

Venue: College Seminar Hall, GGDC, Narayangarh

Time: 12p.m.

Conducted by: Magazine Sub-Committee, and Dept. of English, GGDC, Narayangarh.

The institution is aware of the responsibility of enhancing the creative and critical output of its students and as such provides them platforms to communicate with their surroundings in a creative way. College Magazine and departmental wall-magazine allow them that space where the learners channel out their critical as well as creative impulses in an artistic way in different forms. Magazine Sub-Committee and departmental teachers gave notice in well advance and collect writings from the students. These pieces then go through selection and letter editorial process and then see the face of the day. The college magazine “**Barna Parichoy**” came out in last year with writings of different genres from the student. Similarly the Departmental magazine “**College Street**” was a brilliant effort from its students who decorated it in a creative way. What was most pleasing to the teachers was their sincere effort and team work. Such initiatives surely bolster their confidence and uplift their skill of communication and critical thinking.


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Report on workshops/ seminars (3.2.2) conducted by

DEPARTMENT OF EDUCATION

Session: July, 2020 – June, 2021

Title of the Programme: ***Mental Wellbeing in the context of Covid: Challenges and Possibilities.*** (National Webinar)

Date of Programme: **10th July, 2020**

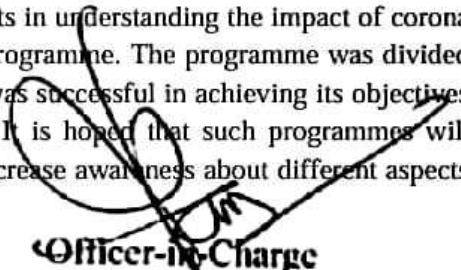
Brief report on the programme:

A National Webinar on Mental Wellbeing in the context of Covid: Challenges and Possibilities was held online on 10th July, 2020 due to the ongoing pandemic. Cases of Novel Corona Virus were first detected in China in December 2019. The virus was spreading rapidly to other countries across the World.

It is important to understand that not everyone reacts to difficult situations the same way and it was normal to feel stressed and worry during a crisis. But current day scenarios can hardly be called normal and not everyone can cope with them. The programme started with a welcome speech by the College principal followed by a speech by four renowned scholar **Dr. Sonali Chakraborty**, Associate Professor, Dept. of Education, University of Calcutta, **Dr. Subhrangshu Aditya**, M.B.B.S. Trained Counsellor Associated with CCSSS & HEPSN cell, Jadavpur University, **Sahana Nag**, Trained Counsellor Associated with CCSSS & HEPSN cell, Jadavpur University, **Dr. Smita H. Gadhvi**, Assistant Professor, Dept. of Education, R. H. Patel English Medium B.Ed. College, Gandhinagar, Gujrat. The webinar programme was organised by the IQAC and Education department collectively. The webinar was conducted in online mode via Google Meet. The aim was to help the students in understanding the impact of corona virus. The program had over 30 participants who attended the four hour programme. The programme was divided into four sections and it concluded with a question and answer session. It was successful in achieving its objectives of increasing awareness among students about the impact of Covid 19. It is hoped that such programmes will continue to be organised by the Dept. of Education in the future, too, to increase awareness about different aspects of Social awareness. The program ended with the vote of thanks by IQAC.

Number of Participants = 30 [Approx]

Attach image files (Flyers, Geotag Images of the programme)


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4

Report on workshops/ seminars (3.2.2) conducted by

DEPARTMENT OF GEOGRAPHY

Session: July, 2021– June, 2022

Title of the Webinar: ***Living with the Pandemic: The Geographers' way***

Date of Programme : 15th July , 2020

Brief report on the programme:

As per decision taken, a Webinar on ***Living with the Pandemic: The Geographers' way*** was conducted by Government general Degree College Narayangarh. The webinar was organized Jointly organised by Dept. of Geography & IQAC. The Invited Speakers as well as the resource persons were **Dr. Ramkrishna Maity**, Professor and Head, Department of Geography and Environmental Management, Vidyasagar University, Paschim Medinipur and **Dr. Suman Paul**, Professor and Head, Department of Geography, Sidho-Kanhu-Birsha University, Puruliya. The Webinar was conducted in online mode via Google Meet. The programme had over 45 participants who attended the thought-provoking lectures. The webinar started with a welcome speech by the Officer-in-Charge, GGDC, Narayangarh followed by a speech by the resource persons and it concluded with a question and answer session. It came to an end with the vote of thanks given by the organizing convener and IQAC. It was successfully achieving its goal. It is hoped that such webinar will be organized in the future.

Number of Participants = 45 [Approx]

Attach image files (Flyers, Geotag Images of the programme)

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Report on workshops/ seminars (3.2.2) conducted by

DEPARTMENT OF EDUCATION

Session: July, 2020 – June, 2021

Title of the Programme: *Listening: as a Communication skill*

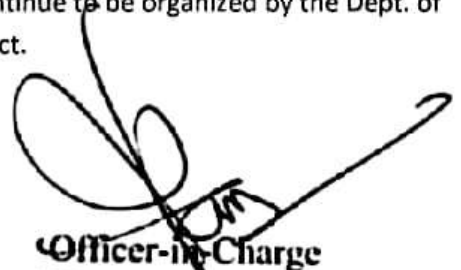
Date of Programme: 29th January, 2021

Brief report on the programme:

An Extension Lecture on Listening : as a Communication skill was conducted jointly by the Education Department and IQAC of Government general Degree College Narayangarh. The Invited Speaker as well as the resource person was Dr. Mr. Majaffar Ansary, Assistant Professor, Department of Education, Kazi Nazrul University, Asansol, West Bengal. The lecture was conducted in online mode. The aim was to help the students in understanding the impact of Communication skill. The programme had over 20 participants. It concluded with a question and answer session. It was successful in achieving its objectives of increasing awareness among students about the impact of present day's Communication skill. It is hoped that such programmes will continue to be organized by the Dept. of Education in future to increase awareness about the value of Education subject.

Number of Participants = 20 [Approx]

Attach image files (Flyers, Geotag Images of the programme)


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Report on workshops/ seminars (3.2.2) conducted by

DEPARTMENT OF ENGLISH

Session: July, 2019 – June, 2020

Title of the Programme: *Seminar on Popular Indian Literature in English today: Issues in Counter-Canonicity*


Date of Programme : 2nd March, 2020

Brief report on the program:

As per decision taken, a Students' Seminar-cum-Invited Lecture on Popular Indian Literature in English today: Issues in counter-Canonicity was conducted by Government General Degree College, Narayangarh. The seminar programme was organised by the IQAC and English department collectively. The Invited Speaker as well as the resource person was **Dr. Subhadeep Paul** (Department of English, Bankura University, West Bengal). The proposed budget for the seminar was about rupees 5000/-. The seminar was conducted in offline mode. It was decided that the students would present their papers on the topic and the Invited Speaker would chair the session alongside presenting his own paper. The aim was to help the students in understanding the impact of popular literature. The program had over 35 participants who attended the four hour programme. The programme was divided into two sections. In the first section of the programme, a paper was presented by **Dr Subhadeep Paul** (Department of English, Bankura University, West Bengal) and it concluded with a question and answer session. In the second section of the programme, the students presented their papers in front of the Chair. It was successful in achieving its objectives of increasing awareness among students about the impact of present day Popular Indian Literature in English. It is hoped that such programmes will continue to be organized by the Dept. of English in the future, too, to increase awareness about different aspects of literature of English.

Number of Participants = 35 [Approx]

Attach image files (Flyers, Geotag Images of the programme)


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Photos along with Caption and Date of Different Capacity Development and Skill Enhancement Activities Arranged by Govt. General Degree College, Narayangarh (During the Tenure 2019-24) for Improving Students' Capability are Given Below:

Life Skills:

Yoga and Fitness Activities:



Yoga Activities in the College Campus in International Day of Yoga, 2022. Date: 21.06.2022.

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Inter School Yoga Competition During Yoga Day. (Venue-
Govt.Gen.Degree College, Narayangarh).



Yoga-Asana Training by Experts for the Students of the College in International Yoga Day Celebration in the Campus. Date: 21.06.2023.

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Yoga Activities in the College Campus in International Day of Yoga, 2024. Date: 21.06.2024.

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Life Skills:

Health and Hygiene:



Lecture Series Titled “Know Your Food” (Three Lectures of Eminent Speakers over Goggle Meet) Arranged to Enhance Students’ Knowledge on Healthy Food Choice. Date: 09.09.2022, 10.09.2022, 12.09.2022.


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PHOTOS

Observance of 6th National Nutrition Month 2023



Prof. Dr. Asim K DuttaRoy

**On
Functional
Food & Human
Health**

9th September
Saturday
4 PM IST
Google Meet

Poshan Maah

Suposhit Bharat, Sakshar Bharat, Sashakt Bharat

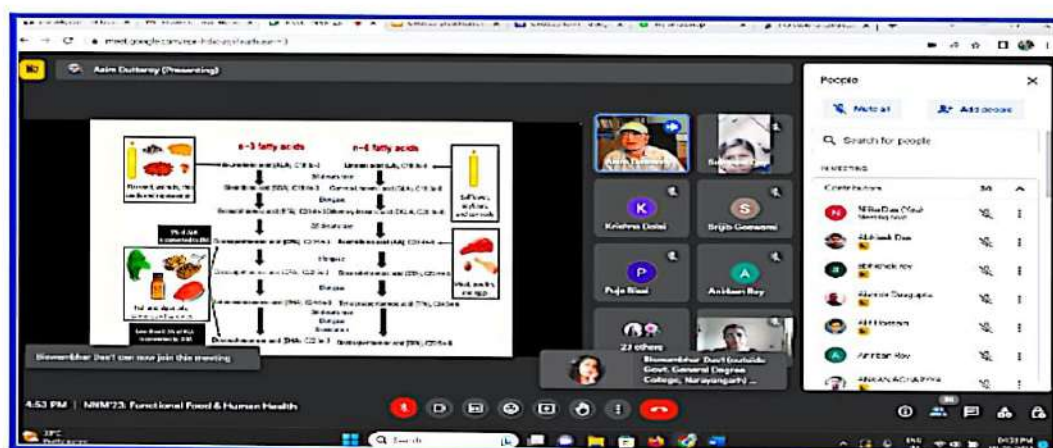
1st – 30th September 2023

Eat right, stay healthy!



Organized by Dept. of Nutrition with IQAC

Govt. General Degree College, Narayangarh



Lecture by Prof. Dr. Asim K DuttaRoy on “Functional Food and Human Health” as Part of Observance of National Nutrition Month 2023. Date: 09.09.2023

(Signature)

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Awareness Lecture by Dr. Mazharul Abbasi, Asst. Prof in Microbiology, GGDC, Narayangarh on World Aids Day to Keep Students Better Informed about the Deadly Disease. Date: 01.12.2022.

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Awareness Programme (Lecture by Expert Dr. Gourab Das, Medical Officer, Makrampur Primary Health Centre on HIV Virus: Its mode of Transmission, Operation, Effect on Our Body and the Precautions to Take) on World Aids Day to Keep Students Better Informed about the Deadly Disease of AIDS. Date: 01.12.2023.

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NATIONAL WEBINAR

--Mental Wellbeing in the Context of COVID: Challenges & Possibilities--

JOINTLY ORGANIZED BY

Dept. of Education
Sadhan Chandra Mahavidyalaya
South 24 Parganas
Affiliated to University of Calcutta

Dept. of Education & IQAC
Govt. general Degree College, Narayangarh
Paschim Medinipur
Affiliated to Vidyasagar University

Programme Details

Date:- 10th July, 2020,
Time:- 2PM

Webinar will be broadcasted via Google Meet. Webinar link will be shared via WhatsApp group.

Willing participants are requested to register through the link..

<https://forms.gle/XqpoQ2XMrcoFSDNz6>

E-certificate will be provided to all the participants (After 7 days).

Restricted to Limited Participants

Last Date of Registration:
9th July, Upto 12 noon

[No Registration fees]

--PATRONS:--

Dr. S.F. Haque
Principal,
Sadhan Chandra Mahavidyalaya

Dr. Badal Kr. Jana
Officer-in-Charge,
Govt. General Degree College

-- OUR EMINENT SPEAKERS:--

Dr. Sonali Chakroborty,
Associate Prof. Dept. of Education,
University of Calcutta.

Dr. Subhrangsu Aditya, M.B.B.S
Trained Counsellor, Associated
with CCSSS & HEPSN Cell,
Jadavpur University

Sahana Nag, Trained Counsellor,
Associated with CCSSS & HEPSN
Cell, Jadavpur University.

Dr. Smita H. Gadhvi, Asstt. Prof. dept. of
Education, R.H Patel English Medium B.Ed
College, Gandhinagar, Gujarat.

Prof. Deolima Dey, Associate Prof of
sociology, Jindal Global Law School,
O.P Jindal Global University, Delhi NCR

Joint Convener

Mis. Shabana Yasmin, Asstt. Prof,
Dept. of Education,
Sadhan Chandra Mahavidyalaya.

Mr. Sahanowas Sk, W.B.E.S., Asstt. Prof,
Dept. of Education,
Govt. General Degree College, Narayangarh.

Flyer of National Webinar on Mental Health “Mental Well Being in The Context of Covid: Challenges and Possibilities” Arranged to Help the Students Deal Better with the Pandemic Situation (Covid-19) and Its Resultant Effect. Date: 10.07.2020.

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Government General Degree College, Narayangarh
 Paschim Medinipur West Bengal
 (Affiliated to Vidyasagar University)

One Day State Level Webinar on
Living with the Pandemic: The Geographers' way
15th July, 3 pm onwards

Jointly Organized by
Department of Geography and IQAC, GGDC, Narayangarh

Chief Patron
 Dr. Badal Kumar Jana
 Officer-in-Charge, GGDC, Narayangarh

Organizing Secretary
 Dr. Anirban Roy
 Assistant Professor and Head
 Department of Geography, GGDC, Narayangarh

Organizing Committee
 Prof. Anandita Das (Coordinator), IQAC
 Prof. Anshu Dasgupta
 Prof. Saikat Mukhopadhyaya
 Prof. Nisha Das
 Prof. Kamalika Ghosh
 Prof. Manjushree Ghosh

Phone: +91 7003520792
E-mail: webinar_ggcng@gmail.com

Our Eminent Panelists

Dr. Ramkrishna Maiti
 Professor and Head,
 Department of Geography and
 Environmental Management,
 Vidyasagar University,
 Paschim Medinipur

Dr. Suman Paul
 Professor and Head,
 Department of Geography
 Sidho-Kanhu-Birsha
 University, Puruliya

About the Theme

There is a pandemic upon us. We may call it Covid-19 or Novel Corona pandemic or even a break in Anthropocene but the thing which is perhaps very clear now is that there will be nothing like business as usual again. Thus, people are calling the present situation as 'New Normal' and everyone around us are trying to cope with this. Present webinar in general and our eminent panelists in particular will shed some light upon the fact that how Geographers are going to fit themselves in this 'new normal' in coming days.

There is no registration charge.
 Last Date of Registration: 14th July, 2020
 Registered participants will be provided with E-Certificates



LIVING WITH THE PANDEMIC: THE GEOGRAPHERS' WAY

Webinar organized by
Department of Geography and IQAC,
Government General Degree College, Narayangarh
 Paschim Medinipur, West Bengal

15th July, 2020
SCHEDULE

| Time | Event |
|-----------------|--|
| 3.00 – 3.10 p.m | Joining of the participants through Google Meet or YouTube live |
| 3.10 – 3.15 p.m | Welcome address by Dr. Anirban Roy, Organizing Secretary |
| 3.15 – 3.30 p.m | Inaugural speech by Dr. Badal Kumar Jana, Chief Patron and OIC, GGDC, Narayangarh |
| 3.30 – 4.00 p.m | First Lecture by Prof. Ramkrishna Maiti, Head, Department of Geography and Environmental Management, Vidyasagar University, Paschim Medinipur, West Bengal |
| 4.00 – 4.10 p.m | Q & A session on the first lecture |
| 4.10 – 4.40 p.m | Second Lecture by Prof. Suman Paul, Head, Department of Geography, Sidho-Kanhu-Birsha University, Puruliya, West Bengal |
| 4.40 – 4.50 p.m | Q & A session on the second lecture |
| 4.50 – 5.00 p.m | Vote of thanks by Ms. Mousumi Ghosal, Assistant Professor, Department of Geography, GGDC, Narayangarh |

Participants Please Note

- Webinar will be organized in Google Meet and YouTube Live
- Link of both of the web-platforms will be provided to the participants through e-mail.
- Only hundred participants will be allowed to enter the webinar through Google Meet on first come first serve basis. Others can view the same via YouTube.
- Participants are encouraged to register their questions through Chat Box in both platforms during the webinar. Our technical team will collect them and present to the esteemed speakers during Q & A session. No oral questions will be taken.
- Please mute your audio and video during the webinar.
- Participants will be provided with feedback forms after the webinar via e-mail. Please note that only those who will fill up the feedback form will get the participation certificate.
- Participation certificates will be distributed through registered e-mails of the participants within 10 days after webinar.

Flyer of Webinar on Mental Health “Living With the Pandemic” Arranged to Help the Students Deal Better with the Pandemic Situation (Covid-19) and Lock-Down.
Date: 15.07.2020.

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Soft Skills:



Cyber Crime Awareness Program with Narayangarh P.S. Police Personnel as Resource to Sensitize the Students About Growing Cyber-Related Offences and How to Use Internet more judiciously. Date: 27.06.2022.

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Search for someone in this call

In call

- Chinmay Ghosh (You)
Meeting host
- Abhijit Sarkar
- Abir Saha
- Akash Barman
- Akash jana

- ayan prasad
- Basudeb Das
- MD JAMIR MOLLA
- Ratan Bhattacharjee

Webinar on “Personality Development” for the College Students where the Expert Prof. Chinmay Ghosh, Asst. Professor in Education, GGDC, Narayangarh Highlighted Ways to Develop a Strong and Dynamic Personality. Date: 05.01.2023.


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Communication Skills:



Students Presenting Papers in One Day Students' Seminar-cum-Invited Lecture on "Popular Indian Literature in English Today". Date: 02.03.2020.

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CERTIFICATE OF APPRECIATION

This is to certify that

Mr. Majaffar Ansary,

Assistant Professor, Department of Education,

Kazi Nazrul University, Asansol, West Bengal

as resource person, delivered his extension lecture (online mode) on

“Listening: As a Communication Skill”

organised by Dept. of Education, Government General Degree College, Narayangarh

on 29th January, 2021

[DR. BADAL KUMAR JANA]

Officer-in-Charge

Government General Degree College, Narayangarh

Govt. of West Bengal

Certificate of Appreciation of the Resource Person Mr. Mujaffar Ansary, Asst. Professor in Education, Kazi Nazrul University for his Extension Lecture (Online Mode) on “Listening: As a Communication Skill” which would Surely Help the Students to Improve their Communication Skill. Date: 29.01.2021.

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